

## BANGOR AREA (includes Ballyholme & Groomsport)

Business & Address	Contact & Social Media Details	Payment	Service	Product & Shopping Details
<b>Albe's Gluten Free Bakery</b> 19 Enterprise Road Bangor BT19 7TA	075 2617 2645  <a href="mailto:albesglutenfree@gmail.com">albesglutenfree@gmail.com</a>  <a href="https://www.facebook.com/AlbesGlutenFreeKitchen">www.facebook.com/AlbesGlutenFreeKitchen</a>	PayPal, BACS or card	Home Delivery	<b>Gluten free breads, cakes, traybakes</b> <ul style="list-style-type: none"> <li>Order via Facebook, email, or telephone.</li> <li>Menu available on request.</li> </ul>
<b>Asha Tandoori</b> 82 Belfast Road BANGOR BT20 3NN	028 9127 0727  <a href="http://www.ashatandooribangor.co.uk/">www.ashatandooribangor.co.uk/</a>  <a href="https://www.facebook.com/AshaTandooriBangor">www.facebook.com/AshaTandooriBangor</a>	Card over phone, online or Just Eat	Home Delivery	<b>Traditional Indian</b> <ul style="list-style-type: none"> <li>Ordering online at the website is the only way to access contactless delivery.</li> <li>A full clickable menu is available at the website.</li> </ul>
<b>Bangla</b> 115 Main Street BANGOR BT20 4AF	028 9127 1272  <a href="mailto:info@banglabangor.co.uk">info@banglabangor.co.uk</a>  <a href="http://www.banglabangor.co.uk">www.banglabangor.co.uk</a>  <a href="https://www.facebook.com/BanglaBangor">www.facebook.com/BanglaBangor</a>	Card over phone, online or Just Eat	Home Delivery or Call & Collect	<b>Modern Asian Food</b> <ul style="list-style-type: none"> <li>Check website or Facebook for menu.</li> </ul>
<b>Bangor Curry House</b> 80 Groomsport Road BANGOR BT20 5NF	028 9146 5516  <a href="https://bangorcurryhouse.co.uk">https://bangorcurryhouse.co.uk</a>  <a href="https://www.facebook.com/BangorCurryHouse">www.facebook.com/BangorCurryHouse</a>	Card over phone, online or Just Eat	Home Delivery	<b>Modern Asian Food</b> <ul style="list-style-type: none"> <li>Check website or Facebook for menu.</li> </ul>
<b>Bilal's Bangor</b> 104 Rathgael Road BANGOR BT19 1RS	028 9147 9853  <a href="https://www.bilals.co.uk/">https://www.bilals.co.uk/</a>	Online or Just Eat	Home Delivery	<b>Traditional Indian</b> <ul style="list-style-type: none"> <li>A full clickable menu is available at the website or Just Eat.</li> </ul>

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<b>Bumble &amp; Goose</b> College Avenue BANGOR BT20 5FA	074 1037 9816  <a href="mailto:hello@bumbleandgoose.co.uk">hello@bumbleandgoose.co.uk</a>  <a href="http://www.bumbleandgoose.co.uk">www.bumbleandgoose.co.uk</a>  <a href="https://www.facebook.com/bumbleandgoose">www.facebook.com/bumbleandgoose</a>	Card or PayPal	Home Delivery or by Postal Service	<b>Artisan cakes, patisserie, buns, biscuits and traybakes.</b> <ul style="list-style-type: none"> <li>• View the full current product range on the website.</li> <li>• Place your order online or by phone/email.</li> <li>• Deliveries are available up to 15 miles of store.</li> <li>• Postal delivery is available for some products.</li> </ul>
<b>Blu BBQ</b> 50 High Street BANGOR BT20 5AZ	028 9147 0698  <a href="https://blubbq.co.uk/">https://blubbq.co.uk/</a>  <a href="https://www.facebook.com/blubbqbangor/">www.facebook.com/blubbqbangor/</a>	Card over phone	Home Delivery or Call & Collect	<b>Burgers, Seafood, Curries, Noodles &amp; More</b> <ul style="list-style-type: none"> <li>• Check Facebook for the menu and offers.</li> <li>• Phone lines open at 3pm daily for delivery and collection.</li> </ul> Deliveries start at 5pm Wednesday-Friday & 4pm Saturday and Sunday.
<b>Café Havana</b> 104 Rathgael Road BANGOR BT19 1RS	028 9145 4693  <a href="https://www.facebook.com/BangorBT19">www.facebook.com/BangorBT19</a>	Card, PayPal or Just Eat	Home Delivery or Call & Collect	<b>Wraps, paninis, soups, sandwiches, filled baps and rolls</b> <ul style="list-style-type: none"> <li>• Delivers a full menu via Just Eat App.</li> <li>• Call &amp; Collect Service is available.</li> <li>• Contactless delivery provided.</li> </ul>
<b>Café Uno</b> Broadway BANGOR BT20 4RH	028 9197 0922  <a href="mailto:cafeunoltd@hotmail.com">cafeunoltd@hotmail.com</a>  <a href="https://www.facebook.com/cafeunobgc">www.facebook.com/cafeunobgc</a>	Card payment over the phone	Home Delivery or Call & Collect	<b>Salads, sandwiches &amp; baked goods</b> <ul style="list-style-type: none"> <li>• Phone 028 91270922 option 4 between 9am-12 noon Tuesday-Saturday.</li> <li>• Contactless collection.</li> <li>• Payment over the phone only.</li> </ul>

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<b>Centra - Balloo</b> 3 Balloo Road BANGOR BT19 7PG	028 9147 7332  <a href="mailto:mcrobbieballoo@centra.co.uk">mcrobbieballoo@centra.co.uk</a>  <a href="https://centra.co.uk/stores/centra-foodmarket-bangor-balloo-rd/">https://centra.co.uk/stores/centra-foodmarket-bangor-balloo-rd/</a>  <a href="http://www.facebook.com/McrobbiesCentraBalloo">www.facebook.com/McrobbiesCentraBalloo</a>	Card over phone	Home Delivery	<b>Groceries &amp; Fresh Food</b> <ul style="list-style-type: none"> <li>• Call between 12pm-1pm Tuesday and Thursday.</li> <li>• Please only use if you have no other option.</li> </ul>
<b>Centra - Windmill</b> 147 Donaghadee Road BANGOR BT20 4RY	028 9145 3801  <a href="mailto:mclarnonwindmill@centra.co.uk">mclarnonwindmill@centra.co.uk</a>  <a href="https://centra.co.uk/stores/centra-foodmarket-bangor-windmill/">https://centra.co.uk/stores/centra-foodmarket-bangor-windmill/</a>  <a href="http://www.facebook.com/centraWindmillBangor">www.facebook.com/centraWindmillBangor</a>	Cash on delivery	Home Delivery	<b>General grocery store</b> <ul style="list-style-type: none"> <li>• Limited delivery service in and around the Bangor area only.</li> <li>• To place an order telephone 028 9145 3801 9am-12pm, Monday-Friday.</li> <li>• Minimum spend of £20.</li> </ul>
<b>Chillies</b> 20 High Street BANGOR BT20 5AY	028 9147 2172  <a href="https://www.chillies-bangor.co.uk/">https://www.chillies-bangor.co.uk/</a>	Online or Just Eat	Home Delivery	<b>Kebabs, burgers, pizza and chicken</b> <ul style="list-style-type: none"> <li>• Ordering online at the website is the only way to access contactless delivery.</li> <li>• A full clickable menu is available at the website.</li> </ul>
<b>Clean Cut Cuisine</b> 1B Balloo Way BANGOR BT19 7QZ	07739 417700  <a href="mailto:cleancutcuisine@gmail.com">cleancutcuisine@gmail.com</a>  <a href="http://www.facebook.com/CleanCutCuisine">www.facebook.com/CleanCutCuisine</a>	Card Payment over phone	Home Delivery or Call & Collect	<b>Healthier choice prepared meals</b> <ul style="list-style-type: none"> <li>• Place orders from Thursday for following week.</li> <li>• Deliver to Bangor, Newtownards, Donaghadee and Greyabbey and delivery fees are half price via Facebook</li> <li>• Contactless delivery.</li> </ul>

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<b>Colin's Hot Foods</b> 1 Church Street Bangor BT20 3HX	028 9127 0481  <a href="http://www.facebook.com/ColinsHotFood">www.facebook.com/ColinsHotFood</a>	Cash on delivery or collection	Home Delivery or Call & Collect	<b>Fish &amp; Chips</b> <ul style="list-style-type: none"> <li>Deliveries available 11am-9pm in the Bangor area.</li> <li>Free deliveries to over 70's.</li> </ul>
<b>David Mawhinney &amp; Sons</b> 78 Main Street Bangor BANGOR BT20 5AE	028 9127 0102  <a href="http://www.davidmawhineybutchers.co.uk">http://www.davidmawhineybutchers.co.uk</a>  <a href="http://www.facebook.com/davidmawhineybutchers">www.facebook.com/davidmawhineybutchers</a>	Card Payment over phone	Home Delivery or Call & Collect	<b>Meats, pies, baked produce, milk, eggs, delicatessen</b> <ul style="list-style-type: none"> <li>Free Delivery Service within the Bangor postcodes, to place order call 028 9127 0102.</li> <li>Full menu of delivery service is available on Facebook and the website where you will also find a full product list.</li> <li>When ordering through Facebook Direct Message, your message should contain delivery address, contact number for payment and an itemised order.</li> </ul>
<b>Domino's Pizza</b> 96 Abbey Street BANGOR BT20 4JB	028 91469696  <a href="https://www.dominospizza.co.uk">https://www.dominospizza.co.uk</a>  <a href="http://www.facebook.com/DominosPizzaNIBangor">www.facebook.com/DominosPizzaNIBangor</a>	Card Payment online or on phone	Home Delivery or Click & Collect	<b>Pizza &amp; Chicken</b> <ul style="list-style-type: none"> <li>Delivers to BT19 &amp; BT20</li> </ul>
<b>Eurospar</b> Unit 5, 15 Ashbury Avenue BANGOR BT19 6TH	028 9145 0960  <a href="https://www.eurosparni.co.uk/nearest-store?postcode=bt19+6th">https://www.eurosparni.co.uk/nearest-store?postcode=bt19+6th</a>	Cash on delivery	Home Delivery	<b>Groceries &amp; Fresh Food</b> <ul style="list-style-type: none"> <li>Free delivery of order over £25.</li> <li>Deliveries up to two-mile radius of the store.</li> <li>Order before noon for same day delivery.</li> </ul>

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<b>Grill'd</b> 104 Rathgael Road BANGOR BT19 1RS	028 9122 9182  <a href="mailto:info@grilld.uk">info@grilld.uk</a>  <a href="http://grilld.uk/">http://grilld.uk/</a>  <a href="http://www.facebook.com/PerfectlyGrilld">www.facebook.com/PerfectlyGrilld</a>	Online, App or card over the phone	Home Delivery or Call & Collect	<b>Grilled Chicken &amp; Mexican</b> <ul style="list-style-type: none"> <li>Download the app for the latest menu.</li> </ul>
<b>Haus</b> 100 Abbey Street BANGOR BT20 4JB	028 9147 7594  <a href="mailto:contact@bangorhaus.com">contact@bangorhaus.com</a>  <a href="https://bangorhaus.com/">https://bangorhaus.com/</a>  <a href="http://www.facebook.com/OurHausYourHaus">www.facebook.com/OurHausYourHaus</a>	Online or Just Eat	Home Delivery	<b>Breakfast, wraps, kebabs and various</b> <ul style="list-style-type: none"> <li>Fastest way to order and book delivery is via Just Eat.</li> <li>You can also order and pay via website.</li> <li>Check website for full menu.</li> </ul>
<b>Habanero Steve's</b> BANGOR	<a href="mailto:habaneroستeves@gmail.com">habaneroستeves@gmail.com</a>  <a href="http://www.habaneroستeves.com">www.habaneroستeves.com</a>  <a href="http://www.facebook.com/habaneroستeve">www.facebook.com/habaneroستeve</a>	Online Payment	Home Delivery or Postal Service	<b>Gourmet Chilli Jams, Gourmet Hot Sauces &amp; Chutneys</b> <ul style="list-style-type: none"> <li>Home delivery is available by emailing your order with payment details.</li> <li>Free delivery to Bangor, Holywood, Newtownards &amp; East Belfast if spending over £12.</li> <li>Online ordering incurs a £3.99 postal charge anywhere in NI.</li> <li>Products are available at Indie Fude, Homegrown, The Guillemot &amp; The Artisan Cheesemonger.</li> </ul>
<b>H &amp; J Carnduff Butchers</b> 71-79 Newtownards Road BANGOR BT20 4DW	028 9181 2169  <a href="mailto:handjcarnduff@gmail.com">handjcarnduff@gmail.com</a>  <a href="http://www.facebook.com/hjbutchers">www.facebook.com/hjbutchers</a>	Card over phone	Home Delivery	<b>Family Butchers, Fishmongers &amp; Delicatessen</b> <ul style="list-style-type: none"> <li>Check Facebook for product range.</li> <li>Telephone 075 2563 5721 to place your order for collection/delivery and make payment.</li> <li>Free Delivery on orders over £20 within a five-mile radius of store. Charges apply for deliveries over five miles.</li> <li>Contactless home deliveries every afternoon.</li> </ul>

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<b>H &amp; J Carnduff @ Ashbury Eurospar</b> 15 Asbury Avenue BANGOR BT20 4TL	028 9181 2169  <a href="mailto:handjcarnduff@gmail.com">handjcarnduff@gmail.com</a>  <a href="https://www.facebook.com/pg/hjcarnduffatparandeeurospar/">www.facebook.com/pg/hjcarnduffatparandeeurospar/</a>	Card over phone	Home Delivery	<b>Family Butchers</b> <ul style="list-style-type: none"> <li>• Check Facebook Page of product range.</li> <li>• Telephone 075 2563 5721 to place your order for collection or delivery and make payment.</li> <li>• Free Delivery on orders over £20 within a five-mile radius of store. Charges apply for deliveries over five miles.</li> <li>• Contactless home deliveries every afternoon.</li> </ul>
<b>H &amp; J Carnduff @ Eurospar</b> 98 Rathgael Road BANGOR BT19 1 RS	028 9181 2169  <a href="mailto:handjcarnduff@gmail.com">handjcarnduff@gmail.com</a>  <a href="https://www.facebook.com/pg/hjcarnduffatparandeeurospar/">www.facebook.com/pg/hjcarnduffatparandeeurospar/</a>	Card over phone	Home Delivery	<b>Family Butchers</b> <ul style="list-style-type: none"> <li>• Check Facebook Page for product range.</li> <li>• Telephone 075 2563 5721 to place your order for collection or delivery and make payment.</li> <li>• Free Delivery on orders over £20 within a five-mile radius of store. Charges apply for deliveries over five miles.</li> <li>• Contactless home deliveries every afternoon.</li> </ul>
<b>Irvine's Butchers</b> 112 Abbey Street BANGOR BT20 4JB	028 9127 0073  <a href="mailto:irvinesbutchery@outlook.com">irvinesbutchery@outlook.com</a>  <a href="http://www.irvinesbutchery.co.uk">www.irvinesbutchery.co.uk</a>  <a href="https://www.facebook.com/IrvinesButchery">www.facebook.com/IrvinesButchery</a>	Card over phone	Home Delivery or Call & Collect	<b>Family Butchers &amp; Delicatessen</b> <ul style="list-style-type: none"> <li>• To find out about delivery availability call 028 9127 0073 and place your order or leave a message on the answer machine.</li> <li>• Staff will get back to you to confirm your order &amp; take payment.</li> <li>• Delivery slots must be booked and are limited.</li> </ul>
<b>Jamaica Inn</b> 188 Seacliff Road BANGOR BT20 5HA	028 9147 1610  <a href="mailto:infor@thejamaicainn.co.uk">infor@thejamaicainn.co.uk</a>  <a href="http://www.thejamaicainn.co.uk">www.thejamaicainn.co.uk</a>  <a href="https://www.facebook.com/JamaicaInn">www.facebook.com/JamaicaInn</a>	Card over phone	Call & Collect	<b>Hot food 'Jamaicaways'</b> <ul style="list-style-type: none"> <li>• Lines open at 3 pm Thursday to Saturdays.</li> <li>• To order check online or social media first, then call with your order, book your collection time and pay by card.</li> <li>• Strict one-way system for collection applies 4-9pm.</li> </ul>

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<b>Knead and Prove</b> Unit 71 Enterprise House 2-4 Balloo Road BANGOR BT19 7QT	078 1762 8359  <a href="mailto:kneadandprove@gmail.com">kneadandprove@gmail.com</a>  <a href="http://www.facebook.com/kneadandprove">www.facebook.com/kneadandprove</a>	Card or Cash	Home Delivery or Call & Collect	<b>Artisan bread specialist</b> <ul style="list-style-type: none"> <li>For collection opens Thursday and Friday only from 10am to 2pm and Saturday 10am-12pm, please remember to 'beep for bread'.</li> <li>Free delivery in the Bangor area from 2pm on Thursdays &amp; Fridays.</li> <li>Check Facebook for current range.</li> </ul>
<b>Khyber Pass Indian</b> 76 High Street BANGOR BT20 5AZ	028 9145 9031  <a href="https://www.khyberpass-bangor.co.uk/">https://www.khyberpass-bangor.co.uk/</a>	Card over phone, Online or Just Eat	Home Delivery	<b>Indian</b> <ul style="list-style-type: none"> <li>Home deliveries to the Bangor area.</li> <li>Delivery charges may apply depending on distance.</li> </ul>
<b>Lynas Food Outlet</b> Clandeboye Road BANGOR BT20 3JP	028 9147 8750  <a href="https://lynasfoodservice.com/food-outlet">https://lynasfoodservice.com/food-outlet</a>  <a href="http://www.facebook.com/lynasfoodoutlet">www.facebook.com/lynasfoodoutlet</a>	Card Payment Online	Home Delivery	<b>Frozen Food &amp; Groceries</b> <ul style="list-style-type: none"> <li>Go to the business website and create an account.</li> <li>Shop and buy at <a href="https://orders.lynasfoodservice.com/">https://orders.lynasfoodservice.com/</a></li> </ul>
<b>Manhattan Milkshakes</b> 84 High Street BANGOR BT20 5BA	028 9122 5656  <a href="https://beepbeepsicecream.co.uk/">https://beepbeepsicecream.co.uk/</a>  <a href="http://www.facebook.com/manhattanmilkshakes1/">www.facebook.com/manhattanmilkshakes1/</a>	Card over phone, Online, or Just Eat	Home Delivery or Call & Collect	<b>Range of desserts, milkshakes, ice-cream, sundaes and crepes.</b> <ul style="list-style-type: none"> <li>Check the website for a current full menu and opening hours.</li> <li>Online options of delivery or collection slot.</li> <li>Delivers to the postcodes: BT16, BT18, BT19, BT20, BT21, BT23 only.</li> </ul>

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<b>Marciano's Pizza</b> 9 Belfast Road BANGOR BT20 3PN	028 9145 2211  <a href="https://marcianospizza.co.uk/">https://marcianospizza.co.uk/</a>  <a href="http://www.facebook.com/marcianosbangorNI">www.facebook.com/marcianosbangorNI</a>	Card over phone or Just Eat	Home Delivery	<b>Pizza</b> <ul style="list-style-type: none"> <li>• Contactless payment and delivery only.</li> <li>• Deliveries to Bangor area.</li> </ul>
<b>Marerosa</b> 14-18 Abbey Street BANGOR BT20 4JA	028 9147 2260  <a href="http://ww25.marerosa-chinese-bangor.co.uk/chinese-restaurant">http://ww25.marerosa-chinese-bangor.co.uk/chinese-restaurant</a>  <a href="http://www.facebook.com/marerosatakeaway/">www.facebook.com/marerosatakeaway/</a>	Card over the phone	Home Delivery or Call & Collect	<b>Cantonese Food</b> <ul style="list-style-type: none"> <li>• Check Facebook for the up-to-date menu.</li> <li>• Contactless delivery is preferred.</li> </ul>
<b>Mario's Pizza &amp; Grill</b> 22 High Street BANGOR BT20 5AY	028 9145 2256  <a href="https://marios-pizza-grill.co.uk/">https://marios-pizza-grill.co.uk/</a>	Just Eat App, Card Payment online	Home Delivery or Call & Collect	<b>Kebabs, Pizza and Burgers</b> <ul style="list-style-type: none"> <li>• Delivers to BT19, BT20, BT21, BT23.</li> <li>• You can order and pay on the business website where you will find a full menu.</li> <li>• Delivery times vary day to day.</li> </ul>
<b>McMullans</b> 21 Brunswick Road BANGOR BT20 3DS	028 9145 5530	Card or Cash	Home Delivery or Call & Collect	<b>Local, fresh fruit and veg, home baked goods and a wide range of groceries</b> <ul style="list-style-type: none"> <li>• Offering a delivery service within a two-mile radius of the store to ensure our elderly and vulnerable customers</li> <li>• To place an order call 028 9145 5530 before 2pm for same day delivery, Monday - Saturday.</li> <li>• Please note reduced our opening hours of 7am-6pm.</li> </ul>



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<b>Millikens Farm Butchers</b> 90 Church Street BANGOR BT20 3HY	028 9146 1752  <a href="http://www.facebook.com/millikensfarmbutchers">www.facebook.com/millikensfarmbutchers</a>	Card over phone	Home Delivery	<b>Farm shop butchery, bakery and local fresh fruit &amp; veg produce</b> <ul style="list-style-type: none"> <li>• Check Facebook for available products.</li> <li>• Free delivery to the Bangor area only.</li> <li>• Contactless delivery by arrangement.</li> </ul>
<b>New China</b> 8 Dufferin Avenue BANGOR BT20 3AA	028 9145 6121  <a href="https://newchinabangor.co.uk">https://newchinabangor.co.uk</a>	Just Eat	Home Delivery	<b>Range of Chinese food</b> <ul style="list-style-type: none"> <li>• Currently only taking orders through Just Eat App.</li> </ul>
<b>New Gaze</b> 70 Gransha Road BANGOR BT19 7PU	028 9147 9884  <a href="https://www.gazebangor.co.uk/">https://www.gazebangor.co.uk/</a>	Online, card over phone or cash	Home Delivery or Call & Collect	<b>Range of Chinese food</b> <ul style="list-style-type: none"> <li>• Register and order on the website.</li> <li>• Delivery slots booked when you order.</li> </ul>
<b>Primacy Food Village</b> 26A Primacy Road BANGOR BT19 7HB	028 9127 0083  <a href="mailto:office@primacymeats.com">office@primacymeats.com</a>  <a href="https://www.primacymeatsfoodvillage.co.uk">https://www.primacymeatsfoodvillage.co.uk</a>  <a href="http://www.facebook.com/PrimacyMeats">www.facebook.com/PrimacyMeats</a>	Card over phone	Call & Collect	<b>Meats, pies, vegetables, potatoes, eggs, baked goods and drinks.</b> <ul style="list-style-type: none"> <li>• An extensive product list can be emailed to customers upon request.</li> <li>• Place your order by calling 028 9127 0083 or email to <a href="mailto:office@primacymeats.com">office@primacymeats.com</a>.</li> <li>• A member of the team will call back with the amount, take payment &amp; arrange a collection time slot.</li> </ul>
<b>Private Dining by Joery Castel</b> Bangor	<a href="mailto:joery@joerycastel.com">joery@joerycastel.com</a>  <a href="http://www.facebook.com/chefjoery">www.facebook.com/chefjoery</a>	Payment by BACS or PayPal	Collect by Appt only	<b>'Dine at home' dates nights.</b> <ul style="list-style-type: none"> <li>• Part prepared set meals to complete at home.</li> <li>• Themes menus for Friday and Saturday night.</li> <li>• Collection times 10am to 1pm in Bangor.</li> </ul>

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<b>Ramsay's Fine Foods</b> Unit 76-77 Enterprise House, 2-4 Balloo Road BANGOR BT19 7QT	028 9146 9009  <a href="mailto:info@ramsaysfinefoods.com">info@ramsaysfinefoods.com</a>  <a href="https://www.ramsaysfinefoods.com">https://www.ramsaysfinefoods.com</a>  <a href="https://www.facebook.com/ramsaysfinefoods">www.facebook.com/ramsaysfinefoods</a>	Online or over the phone	Home Delivery	<b>Set Meals, full meals, side orders &amp; desserts</b> <ul style="list-style-type: none"> <li>• Call to request a menu to be sent to you by email.</li> <li>• Order over the phone or through the website.</li> <li>• Please request contactless delivery if needed.</li> </ul>
<b>Sainsbury's Supermarkets</b> Balloo Link BANGOR BT19 7HJ	028 9185 9973  <a href="https://stores.sainsburys.co.uk/2267/bangor">https://stores.sainsburys.co.uk/2267/bangor</a>  <a href="https://www.facebook.com/sainsburys/">www.facebook.com/sainsburys/</a>	Online Payment	Home Delivery	<b>Groceries &amp; Fresh Food</b> <ul style="list-style-type: none"> <li>• Check the store profile page for information relating to shopping services for shielded and vulnerable</li> <li>• Delivery slots are booked online when you have finished your shopping</li> <li>• Please note priority delivery arrangements for NHS &amp; Care Staff throughout the week.</li> </ul>
<b>Spice Island</b> 8 High Street BANGOR BT20 5AY	028 91 274505  <a href="https://www.spiceisland-bangor.co.uk/">https://www.spiceisland-bangor.co.uk/</a>  <a href="https://www.facebook.com/spiceislandbangor">www.facebook.com/spiceislandbangor</a>	Just Eat or Cash on delivery.	Home Delivery or Call & Collect	<b>Kebabs, burgers, chilli and chicken</b> <ul style="list-style-type: none"> <li>• Order via just eat (card payment) or via telephone (cash payment).</li> <li>• If you are paying with cash, please leave your payment in an envelope on your doorstep.</li> <li>• The fastest way to order and get your delivery is via Just Eat app.</li> </ul>
<b>Sprinkles &amp; Crumbs</b> 11 Lineybrook Lane BANGOR BT19 7ED	<a href="mailto:info@sprinklesandcrumbs.co.uk">info@sprinklesandcrumbs.co.uk</a>  <a href="https://www.sprinklesandcrumbs.co.uk">www.sprinklesandcrumbs.co.uk</a>  <a href="https://www.facebook.com/sprinklesandcrumbs">www.facebook.com/sprinklesandcrumbs</a>	Card or PayPal	Home Delivery or Call & Collect	<b>Artisan bakery – traditional sweet &amp; savoury breads, cakes, traybakes and home baking produce kits.</b> <ul style="list-style-type: none"> <li>• Delivery to Bangor area is free.</li> <li>• Check the website for full produce list.</li> <li>• Orders must be placed via Facebook by noon on Wednesday to ensure delivery on Friday.</li> <li>• Payments by PayPal or Bacs over the phone.</li> </ul>

Business & Address	Contact & Social Media Details	Payment	Service	Product & Shopping Details
<b>Super Chippy Super Pizza</b> 98 Rathgael Road BANGOR BT19 1WG	028 9146 6107  <a href="http://www.superchippybangor.co.uk/index.html">http://www.superchippybangor.co.uk/index.html</a>  <a href="http://www.facebook.com/SuperChippyandPizza">www.facebook.com/SuperChippyandPizza</a>	Card over phone, Just Eat or card/cash on Collection	Home Delivery or Call & Collect	<b>Chippy &amp; Pizza</b> <ul style="list-style-type: none"> <li>All orders must be made in advance via their app, Just Eat or via telephone.</li> <li>The order app is available from the business website.</li> </ul>
<b>Teddy's</b> 1 Castle Street BANGOR BT20 4SU	028 9145 8455  <a href="mailto:teddys@btconnect.com">teddys@btconnect.com</a>  <a href="http://teddysofbangor.com">http://teddysofbangor.com</a>  <a href="http://www.facebook.com/Teddys-of-Bangor-111239052235572">www.facebook.com/Teddys-of-Bangor-111239052235572</a>	Card Payment over phone	Home Delivery or Call & Collect	<b>Hot food and drinks</b> <ul style="list-style-type: none"> <li>Browse the menu at the website then call and make payment over the phone with a credit card.</li> <li>Delivery Menu Available Thursday – Saturday 4pm to 9pm &amp; Sunday 12pm – 5pm and a £2.50 delivery charge applies.</li> <li>Contactless delivery or a call and collect service.</li> </ul>
<b>Tesco Bloomfield</b> South Circular Road BANGOR BT19 7HB	028 9127 2208  <a href="http://www.tesco.com/groceries">www.tesco.com/groceries</a>  <a href="http://www.facebook.com/tesco">www.facebook.com/tesco</a>	Online Payment	Home Delivery or Click & Collect	<b>Groceries &amp; Fresh Food</b> <ul style="list-style-type: none"> <li>Check the store profile page for information relating to shopping services for shielded and vulnerable.</li> <li>Delivery costs £1-£7.</li> <li>Minimum order is £25 at this time for delivery.</li> </ul>
<b>Tesco Springhill</b> Killeen Avenue BANGOR BT19 1ND	028 9151 7807  <a href="http://www.tesco.com/groceries">www.tesco.com/groceries</a>  <a href="http://www.facebook.com/tesco">www.facebook.com/tesco</a>	Online Payment	Home Delivery or Click & Collect	<b>Groceries &amp; Fresh Food</b> <ul style="list-style-type: none"> <li>Check the store profile page for information relating to shopping services for shielded and vulnerable.</li> <li>Delivery costs £1-£7.</li> <li>Minimum order is £25 at this time for delivery.</li> </ul>

Business & Address	Contact & Social Media Details	Payment	Service	Product & Shopping Details
<b>The Boathouse</b> 1A Seacliffe Road BANGOR BT20 5HA	028 9146 9253  <a href="mailto:info@boathousebangor.com">info@boathousebangor.com</a>  <a href="http://www.boathousebangor.com/">www.boathousebangor.com/</a>  <a href="https://www.facebook.com/BoatHouseBangor">www.facebook.com/BoatHouseBangor</a>	Card over phone	Call & Collect	<b>Restaurant quality prepped meals</b> <ul style="list-style-type: none"> <li>• Orders taken on Thursday 9am-5pm, Friday and Saturday 9am-3pm</li> <li>• Collection is on Friday &amp; Saturday between 3pm &amp; 7pm.</li> <li>• Sail-Away with the Boat House Newsletter- <a href="https://mailchi.mp/boathousebangor/sail_away_take_away">https://mailchi.mp/boathousebangor/sail_away_take_away</a></li> </ul>
<b>The Bokhara</b> 2A King Street Bangor BANGOR BT20 3AH	028 9145 2439  <a href="http://www.bokharabangor.co.uk">www.bokharabangor.co.uk</a>  <a href="https://www.facebook.com/Bokhara-Restaurant-Bangor-546933775471111">www.facebook.com/Bokhara-Restaurant-Bangor-546933775471111</a>	Online Payment or via App	Home Delivery or Call & Collect	<b>South Asian Food</b> <ul style="list-style-type: none"> <li>• Order online on the Bokhara website or call 028 9145 2439.</li> <li>• Normal delivery service continues in the Bangor area, a full takeaway/call and collect service is also continuing.</li> <li>• NHS ID card holders can receive a free takeaway meal (free meal includes 1 main course and side).</li> </ul>
<b>The Frying Squad</b> 9 Balloo Road Bangor BT19 7PG	028 9162 7627  <a href="http://www.fryingsquad.com">www.fryingsquad.com</a>  <a href="https://www.facebook.com/TheFryingSquadBalloo">www.facebook.com/TheFryingSquadBalloo</a>	Card online or over the phone	Home Delivery or Call & Collect	<b>Fish &amp; Chips</b> <ul style="list-style-type: none"> <li>• Order via the Frying Squad App, online at the website or telephone.</li> </ul>
<b>The Guillemot Deli</b> 6 Seacliffe Road Bangor BT20 5EY	028 9146 2037  <a href="mailto:info@theguillemot.com">info@theguillemot.com</a>  <a href="http://www.theguillemot.com">www.theguillemot.com</a>  <a href="https://www.facebook.com/theGuillemotDeli">www.facebook.com/theGuillemotDeli</a>	Online Payment or App	Home Delivery or Call & Collect	<b>Cheese and deli produce</b> <ul style="list-style-type: none"> <li>• Deliveries to Bangor, Helen's Bay to Groomspoint area on Saturday only between 10am-2pm. Minimum order is £20.</li> <li>• On Thursday and Saturday a click &amp; collect service is available.</li> <li>• Payment is through website or through The Guillemot App (downloaded from website).</li> </ul>

Business & Address	Contact & Social Media Details	Payment	Service	Product & Shopping Details
<b>The Heatherlea</b> 94 Main Street Bangor BT20 4AG	028 9145 3157  <a href="mailto:info@theheatherlea.com">info@theheatherlea.com</a>  <a href="http://www.theheatherlea.com">www.theheatherlea.com</a>  <a href="https://www.facebook.com/theHeatherlea">www.facebook.com/theHeatherlea</a>	Card or PayPal	Home Delivery	<b>Home baked goods &amp; delicatessen</b> <ul style="list-style-type: none"> <li>• Shop online and place your order for delivery all through the website.</li> <li>• A range of weekly bundles are available.</li> <li>• Pay by card online or with PayPal.</li> </ul>
<b>The Rabbit Rooms</b> 30-32 Quay Street BANGOR BT20 5ED	028 9146 7699  <a href="mailto:info@therabbitrooms.com">info@therabbitrooms.com</a>  <a href="http://www.therabbitrooms.com/">www.therabbitrooms.com/</a>  <a href="https://www.facebook.com/therabbitrooms">www.facebook.com/therabbitrooms</a>		Call & Collect	<b>Hot food to go with cocktail menu</b> <ul style="list-style-type: none"> <li>• Telephone orders on 02891 467699 for collection only.</li> <li>• Payment at time of ordering.</li> <li>• Place your order between Wednesday - Saturday from 3.30pm-7pm for collection between 5.00 - 8pm</li> </ul>
<b>The Salthouse</b> 70 Gransha Road Bangor BT19 7PU	028 9162 7627  <a href="mailto:telltheboss@thefryingsquad.co.uk">telltheboss@thefryingsquad.co.uk</a>  <a href="http://www.thefryingsquad.com">www.thefryingsquad.com</a>  <a href="https://www.facebook.com/theSalthouseBangorWest">www.facebook.com/theSalthouseBangorWest</a>	Card or via App	Home Delivery or Call & Collect	<b>Fish &amp; Chips</b> <ul style="list-style-type: none"> <li>• To place an order call 028 9162 7627 or download the app from <i>GooglePlay</i> or apple.</li> <li>• You can also order online at the website.</li> <li>• Open 3-8pm Monday -Thursday, 3-9pm Friday - Saturday and 4-8pm on Sunday, delivery service available until 30 minutes before closing.</li> </ul>
<b>The Salthouse Gourmet</b> 10 Rathmore Road BANGOR BT19 1DL	028 9162 7627  <a href="mailto:telltheboss@thefryingsquad.co.uk">telltheboss@thefryingsquad.co.uk</a>  <a href="http://www.thefryingsquad.com">www.thefryingsquad.com</a>  <a href="https://www.facebook.com/theSalthouseBangorWest">www.facebook.com/theSalthouseBangorWest</a>	Card Payment over phone, online or via App.	Home Delivery or Call & Collect	<b>Fish &amp; Chips</b> <ul style="list-style-type: none"> <li>• To place an order call 028 9162 7627 or download the app from <i>GooglePlay</i> or apple.</li> <li>• You can also order online at the website.</li> <li>• Open 4.30-9pm Monday -Thursday, 4-9pm Friday - Saturday and 4-8pm on Sunday, delivery service available until 30 minutes before closing.</li> </ul>

Business & Address	Contact & Social Media Details	Payment	Service	Product & Shopping Details
<b>The Starfish at Cairn Bay Lodge</b> 278-282 Seacliffe Rad BANGOR BT20 5HS	028 9146 7636  <a href="mailto:info@cairnbaylodge.com">info@cairnbaylodge.com</a>  <a href="http://www.cairnbaylodge.com/">www.cairnbaylodge.com/</a>  <a href="https://www.facebook.com/CBLandTheBeachHouses">www.facebook.com/CBLandTheBeachHouses</a>	Card payment upon collection	Call & Collect	<b>Restaurant standard prepped meals</b> <ul style="list-style-type: none"> <li>• Opens 10am-2pm Monday to Saturday.</li> <li>• Check Facebook, Instagram or Website for latest.</li> <li>• Site operates as a walking 'drive-thru' when placing/collecting your orders.</li> </ul>
<b>The Yogurt Tree</b> 15 Hamilton Road BANGOR BT20 4LF	028 9185 9408  <a href="http://www.theyogurttree.co.uk/">www.theyogurttree.co.uk/</a>  <a href="https://www.facebook.com/TheYogurtTree">www.facebook.com/TheYogurtTree</a>	Card Payment online	Home Delivery or Call & Collect	<b>Treat boxes and cookie making kits</b> <ul style="list-style-type: none"> <li>• Browse and place your order with payment on the website.</li> <li>• You can select click &amp; collect or delivery.</li> <li>• Delivery is limited by area so check your postcode on the website.</li> </ul>
<b>Tom's Diner</b> 7 Hamilton Road BANGOR BT20 4JP	028 9146 1529  <a href="mailto:info@tomsbangor.com">info@tomsbangor.com</a>  <a href="https://www.tomsbangor.com">https://www.tomsbangor.com</a>  <a href="https://www.facebook.com/tomsdiningrooms">www.facebook.com/tomsdiningrooms</a>	Online Card Payment	Call & Collect	<b>Local produced focussed meals</b> <ul style="list-style-type: none"> <li>• Go to the website to see full menu and sign up for updates.</li> <li>• Order and pay online and pick your collection time slot.</li> </ul>
<b>World Foods</b> 5 Church Street BANGOR BT20 3HX	028 9122 5796  <a href="mailto:sales@worldfoodsgroup.co.uk">sales@worldfoodsgroup.co.uk</a>  <a href="https://www.worldfoodsgroup.co.uk/">https://www.worldfoodsgroup.co.uk/</a>  <a href="https://www.facebook.com/worldfoods.com">www.facebook.com/worldfoods.com</a>	Online via PayPal or App	Home Delivery or Call & Collect	<b>Wide range of global produce</b> <ul style="list-style-type: none"> <li>• Shop and pay for products at the online store.</li> <li>• Deliveries to BT19 &amp; BT20 are £3 and BT18, BT21, BT22 &amp; BT23 is £5.</li> <li>• Deliveries are to a schedule in each postcode area.</li> </ul>

Business & Address	Contact & Social Media Details	Payment	Service	Product & Shopping Details
<b>Yummies Sweets &amp; Treats</b> 68 Abbey Street BANGOR BT20 4JB	029 8122 6200  <a href="http://www.facebook.com/Yummiessweetandtreats/">www.facebook.com/Yummiessweetandtreats/</a>	Just Eat	Home Delivery	<b>Ice-creams, Sundaes, milkshakes</b> <ul style="list-style-type: none"> <li>• Fastest way to order is via Just Eat.</li> <li>• Limited delivery area to Bangor.</li> <li>• Contactless delivery available.</li> </ul>
<b>Groomsport Inn</b> 26 Main Street GROOMSPORT BT19 6JR	028 9127 1518  <a href="mailto:thegroomsportinn@hotmail.co.uk">thegroomsportinn@hotmail.co.uk</a>  <a href="http://www.thegroomsportinn.co.uk">www.thegroomsportinn.co.uk</a>  <a href="http://www.facebook.com/groomsportinn">www.facebook.com/groomsportinn</a>	Payment by card over phone	Home Delivery or Call & Collect	<b>American &amp; Pan-European dishes</b> <ul style="list-style-type: none"> <li>• To place your order call <b>028 9127 1518</b> for both collection &amp; deliveries</li> <li>• Wednesday to Saturday: both delivery &amp; collections slots are between 5-9pm with lines open at 3pm.</li> <li>• Sunday: both delivery &amp; collections slots are between 12-8pm with lines open at 10am.</li> <li>• Home delivery charges apply, service is available up to 15 miles.</li> </ul>
<b>Kylestone Nurseries</b> 5 Lower Balloo Road GROOMSPORT BT21 OPS	077 08 038740  <a href="http://www.facebook.com/kylestonenurseries">www.facebook.com/kylestonenurseries</a>	Card payments or online	Home Delivery or Click & Collect	<b>Fruit, Veg &amp; Garden Sundries</b> <ul style="list-style-type: none"> <li>• Place your order by calling 077 0803 8740 or secure online payments.</li> <li>• You can also call to place your order and collect and pay contactless.</li> <li>• Deliveries to Donaghadee, Bangor and the Ards Peninsula areas only.</li> </ul>
<b>Neill Wines</b> 49 Main Street GROOMSPORT BT19 6JR	028 9145 0114  <a href="mailto:info@neillwine.com">info@neillwine.com</a>  <a href="https://neillwine.com/">https://neillwine.com/</a>  <a href="http://www.facebook.com/NeillWineGroomsport">www.facebook.com/NeillWineGroomsport</a>	Card Payments over phone	Home Delivery	<b>Craft Beer, Wine, Craft Gins &amp; Other Spirits</b> <ul style="list-style-type: none"> <li>• Free Home Delivery Beverage Service with a minimum order of £40.</li> <li>• Deliveries to Newtownards, North Down and Belfast only.</li> <li>• Order phone lines open 11am-7pm and is from the Groomsport Shop on 028 9145 0114 or call mobile 077 6647 7443.</li> </ul>

Business & Address	Contact & Social Media Details	Payment	Service	Product & Shopping Details
<b>Spar NI</b> 41 Main Street GROOMSPORT BT19 6JR	028 9127 0418  <a href="https://www.facebook.com/SparGroomsport/">https://www.facebook.com/SparGroomsport/</a>	Card over phone	Home Delivery	<b>Groceries &amp; Fresh Food</b> <ul style="list-style-type: none"><li>• Telephone between 9am to 12 noon to place order. You will receive a call back before 3pm so you can pay by card over telephone.</li><li>• Deliveries are limited by staff capacity.</li></ul>

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