

APPLICATION FORM

First Name: _____ Surname: _____

Sports Club: _____ Age: _____

Address: _____

Telephone: _____

Email: _____

Course Code(s): _____

If signing up for the designated officers course, please specify the date that you attended a Safeguarding Children Course:

How did you hear about the courses?

Any special circumstances eg learning disability, etc.?

Ards and North Down Borough Council collects the data on this form for the purpose of registration. The data collected may also be used for the purpose of notification of future events and courses run by or in conjunction with the council. If you wish your data to be used for this purpose, please tick

Ards and North Down Borough Council may take photographs during this course to promote sport within the Borough. The images may be used in newspapers, brochures and other publicity material. If you give your permission to be photographed, please tick

Total amount enclosed: £ _____
 [Cheques payable to Ards and North Down Borough Council]

Signed: _____ Date: _____

Please note: fees are non-refundable unless the course is cancelled. Places are available on a first come first served basis and can only be confirmed on receipt of payment.

Please return this form, with payment to:
**Sports Development, 2 Church Street,
 Newtownards BT23 4AP**

For Office Use Only

Date _____ Rec. No. _____ Amount _____ Cash Ch CC Conf. _____



Please note: Affiliated prices only apply to members of clubs who are currently affiliated to the Ards and North Down Sports Forum

Date	Code	Course	Time	Venue	Price [Affiliated/Non Affiliated]
Mon 11 Sept	SAFE1	Safeguarding Children & Young people	6.30pm-9.30pm	Londonderry Park	£15 / £20
Mon 18 Sept	STRUCT	Effective Organisational Structures	6.30pm-9.00pm	Londonderry Park	£5 / £10
Mon 25 Sept	AED	AED Training	6.30pm-9.30pm	Londonderry Park	£15 / £20
Wed 4 & 11 Oct	EPI	Sports Injury First Aid & Epipen	6.00pm-9.30pm	Londonderry Park	£25 / £30
Wed 18 Oct	MIND	Mind Games: Mental Skills for Competition	6.30pm-9.00pm	Londonderry Park	£10 / £15
Mon 23 Oct	PLAN	Business Planning	6.30pm-9.00pm	Bangor Aurora Aquatic and Leisure Complex	£5 / £10
Wed 8 Nov	CLUB	Clubmark Awareness	6.30pm-8.00pm	Londonderry Park	Free / Free
Mon 20 Nov	AYC	Analysing your Coaching	6.30pm-9.00pm	Bangor Aurora Aquatic and Leisure Complex	£10 / £15
Mon 8 Jan	SAFE2	Safeguarding Children & Young people	6.30pm-9.30pm	Bangor Aurora Aquatic and Leisure Complex	£15 / £20
Mon 5 Feb	DES	Designated Officers	6.30pm-9.30pm	Londonderry Park	£15 / £20

**For further information on any of these courses please contact:
 The Sports Development team on 028 9182 4018
 or by emailing sportsdevelopment@ardsandnorthdown.gov.uk**

Coach Education Courses

2017 - 2018



Training Courses for
 Sports Clubs, Coaches
 and Volunteers



**Ards and
 North Down**
 Borough Council

Safeguarding Children & Young people

11 September

Facilitated by Sport NI

This workshop aims to raise awareness of Child Protection issues in sport and introduces participants to the code of Ethics and Good Practice for Children's Sport.

For coaches, athletes and volunteers

Effective Organisational Structures

18 September

Facilitated by Sport NI

The way a club is legally structured and its status can have a significant impact on club leaders, both on their club and them personally. Get it right and a club can be run effectively and may benefit financially. Get it wrong, and there could be significant implications for a club and potentially all of its members.

For coaches, athletes and volunteers with established credibility and authority within the club

AED Training

25 September

Facilitated by Resuscitation Training Services

This certificated course will teach you how to perform cardio-pulmonary resuscitation (CPR) and safely use the automated external defibrillators (AED's). You will also cover the management of choking and management of the unconscious person. You will learn not only what to do but why we do it.

For coaches, athletes and volunteers

Sport Injury First Aid with Epipen

4 and 11 October

Facilitated by St John's Ambulance

The course will equip individuals with the knowledge, skills & confidence to assist and deal with sport injuries/accidents. Participants will receive a first aid manual, personal hygiene kit and St John's Associate Insurance valid for the duration of the certificate (3yrs).

For coaches, athletes and volunteers

Mind Games – mental skills for competition

18 October

Facilitated by Sport NI

This workshop will help coaches to consider the mental skills involved in coaching athletes and teams pre, post and during competition. This will include investigating the psychological elements influencing and effecting athletes before, during and after competition, reflecting on how your personal coach behaviour impacts on athletes' mental state, and developing strategies to support your athletes mental skills.

For coaches, athletes and volunteers

Business Planning

23 October

Facilitated by Sport NI

It is important that clubs have a business plan so they know what they are trying to achieve and make sure they are heading in the right direction. An effective business plan can help you to manage your club better but also demonstrate business understanding and controls to potential investors.

For coaches, volunteers, club officials

Clubmark Awareness

8 November

Facilitated by Sport NI

Clubmark NI is a club development and accreditation programme for sports clubs. The programme aims to improve your clubs performance by helping it meet minimum operating standards in the areas of:- Effective Management, Quality Coaching and Competition, Safety in Sport.

For all clubs

Analysing Your Coaching

20 November

Facilitated by Sport NI

This workshop is designed to focus on the coach and their own personal development. This includes assisting the coach to reflect upon their coaching role, their participants/athletes, coaching environment and to identify their specific development needs. The workshop will also help coaches to develop a specific personal development plan for their coaching.

For coaches and athletes

Safeguarding Children & Young people

8 January

Facilitated by Sport NI

This workshop aims to raise awareness of Child Protection issues in sport and introduces participants to the code of Ethics and Good Practice for Children's Sport.

For coaches, athletes and volunteers

Designated Safeguarding Children's Officers

5 February

Facilitated by Sport NI

This course provides Designated Safeguarding Officer's further understanding to assist in their role of safeguarding children in sport.

For coaches, athletes and volunteers with established credibility and authority within the club
